



SPEAKER TIMETABLE

SATURDAY 1ST JUNE				
	Centre Stage	Healthy Living Stage	Movement Studio	Network Hub
10:30	Kim Astro Chroma Hair Studio What Colour Suits Me			
10:45		Desi Carlos and Lisa Peterson Two Greek Girls How To Get What Every Woman Desires - Learn To Get Weight Off, Keep It Off, Look Good, Feel Great, Live Longer (Cooking Demonstration)		
11:00	Tracey Mathers Relationship Building in Your Personal and Career Life		OPA-Cize Greek Dance Fitness Workout	Marisa Lucas Travel Consciously
11:15				
11:30	Lisa Curry Happy Healthy You Health, Hormones and Happiness	Dr Vanessa Spiller QUT Health Clinics Skills in Slow: The Art Of Mindfulness		
11:45			Yoga Forever with Anne Noonan Age Backwards with Yoga	Women's Network Australia A Glimpse of 'Behind The Brand Series'
12:00	Gemma Quinn KonMari™ and Finding Joy			
12:15				
12:30	Suzie Lightfoot How To Build A Brilliant Brand!	Valerie & Courtney Ferdinands Valerie & Courtney Spice Up Healthy! (Cooking Demonstration)	Goodlife Health Clubs Arena Fitness	Sami Rose & LauraJane McDonough Myth-Busting Your Health and Fitness Journey
12:45				
1:00	Sally Steele SteeleMyStyle How to Style More, Shop Less			
1:15		Lisa Curry Navigate Your Way Through Menopause	Xtend Barre Xtend Barre	
1:30	Robin Bailey The Good, The Bad, The Amazing			Sally Steele SteeleMyStyle How to Ditch the Inner Bitch and Become your Inner Cheerleader
1:45				
2:00		Sandy Sanderson Elektra Magnesium Magnesium: The Anti-Aging Mineral	Goodlife Health Clubs Mat Pilates	
2:15	Jacquelyn Kerr NAB Financial Fitness			
2:30				Moreton Bay College Alumni Closed Function
2:45	Kylie Eustace Kylie's Professional Natural Beauty with Kylie's Professional			
3:00				



SPEAKER TIMETABLE

SUNDAY 2ND JUNE				
	Centre Stage	Healthy Living Stage	Movement Studio	Network Hub
10:15		Toni Miller ARIIX Your Skin - A Reflection Of Your Inner Health		
10:30	Yasmin Grigaliunas World's Biggest Garage Sale The Power Of Passion And Purpose			
10:45		Desi Carlos and Lisa Peterson Two Greek Girls How To Get What Every Woman Desires - Learn To Get Weight Off, Keep It Off, Look Good, Feel Great, Live Longer (Cooking Demonstration)		
11:00	Cynthia Morton Weapons Of Mass Distraction - Food, Spending, Alcohol, Smother Mothering		OPA-Cize Greek Dance Fitness Workout	Sally Steele SteeleMyStyle How to Ditch the Inner Bitch and Become your Inner Cheerleader
11:15				
11:30	Lisa Curry Happy Healthy You Health, Hormones And Happiness	Sandy Sanderson Elektra Magnesium Soothe Menopause Symptoms With Magnesium		
11:45			Yoga Forever with Anne Noonan Roll Back Your Inner Odometer With Yoga	Women's Network Australia A Glimpse of 'Behind The Brand Series'
12:00	Kelli Martin KLM Solicitors Moving Forward			
12:15				
12:30	Kirby Short & Sharni Webb Q&A with Brisbane Heat & Brisbane Lions Players	Valerie & Courtney Ferdinands Valerie & Courtney Spice Up Healthy! (Cooking Demonstration)	Goodlife Health Clubs Arena Fitness	Sami Rose & LauraJane McDonough Myth-Busting Your Health and Fitness Journey
12:45				
1:00	Lyndelle Palmer-Clarke Dailygreatness Habits, Health & Happiness: The Keys To A Purposeful Life			
1:15		Lisa Curry Happy Healthy You How The Teenage Years Affect Your Future	Xtend Barre Xtend Barre	Julie-Ann Dillon NAB Achieving Your Potential – from Goals to Reality
1:30	Kim Astro Chroma Hair Studio What Colour Suits Me			
1:45				
2:00	Suzie Lightfoot How To Own Your Voice & Step Into Your Confidence As A Woman In Business.	Emily Gill QUT Health Clinics Love Your Food, Love Your Body	Goodlife Health Clubs Mat Pilates	Brooke Styles Full Of Love Club How To Detox Your Social Media To A Motivational And Empowering Space
2:15				
2:30	Kylie Eustace Kylie's Professional Natural Beauty with Kylie's Professional			
2:45				On Your Own Two Feet Get On Your Own Two Feet: The Five Financial Foundations Every Woman Should Have In Place
3:00				